# 29th May 2020 - NEWS AND EVENTS IN NW EDINBURGH

#### LATEST COVID UPDATES ON CITY OF EDINBURGH COUNCIL WEBSITE

Please check here to view regular updates from City of Edinburgh Council.

# Latest updates

- Starting nursery or P1 in August
- Leaving school in Summer 2020
- Household waste and recycling centres reopen
- Funding for safe, accessible walking, cycling and wheeling routes
- Support for shielded and vulnerable people

#### **GRANTON CHURCH**

#### TOMMOROW EVENING at 7.30pm

Form a team with others in your household, or join up – virtually of course – with friends.

In lockdown alone? Join up with others and agree your answers on Whatsapp.

No pressure, no prizes and definitely no Googling!

To register just click the button below so that we can send the Zoom link (and we'll know who you are when you join!)

**LET US KNOW THAT YOU'RE JOINING IN!** 

#### **BLACKHALL ST COLUMBAS CHURCH**

# BLACKHALL BULLETIN

The Blackhall Bulletin goes out quarterly to everyone in the parish of St Columba's Blackhall which covers some 3000 homes.

Usually it is delivered to each of these homes, however with Covid 19 our delivery people are not up and running, so we are doing an on line edition only this time.

Bulletins can be accessed here: <a href="https://blackhallstcolumba.org.uk/our-resources/blackhall-bulletin/">https://blackhallstcolumba.org.uk/our-resources/blackhall-bulletin/</a>

# **GRANTON INFORMATION CENTRE (GIC)**

Due to the Coronavirus outbreak our office is currently closed to the public and our outreaches have been cancelled until further notice. However, please keep in mind that Granton Information Centre is still operating!

If you wish to make a referral on behalf of one of your patients or service users, please call us Monday to Friday, 9.30am - 4pm, on 0131 551 2459 or 0131 552 0458. Alternatively, individuals who reside in Edinburgh can call us directly to request an appointment. Please be aware that all appointments will be conducted via telephone for the time being.

Our advisers can advise on money, benefits, tax credits, housing or debt. We can also arrange deliveries from foodbanks and apply for charitable grants on behalf of our clients.



Any of our existing clients should contact us directly to discuss their case.

Our emails are checked daily; our email address is info@gic.org.uk

#### **CHANGEWORKS**

As we continue to adjust to Covid-19 we're all spending more time at home and using more energy than normal. Many households are experiencing financial strain and will be worried about the effect this will have on their energy bills.

Whilst Changeworks is unable to provide face to face outreach services to support people looking for energy and fuel billing/debt advice, we are still here to help. We've teamed up with SGN to produce a series of short films providing advice and support on managing energy use and where to get help with heating and electricity concerns.

Our first video – where to get help with your gas and electricity concerns – is now live on YouTube. We'll be publishing three more videos over the next few weeks

Handy links can be found here:

Facebook: https://www.facebook.com/ChangeworksUK/

Twitter: <a href="https://twitter.com/ChangeworksUK">https://twitter.com/ChangeworksUK</a>

Youtube: https://www.youtube.com/watch?v=AVspU3meZNM

#### **NO ONE LEFT BEHIND**

No One Left Behind (NOLB) are still accepting Activity Agreement referrals and providing support through a virtual service. These are aimed at young people about to leave school but don't feel quite ready for work. They help to build confidence and soft skills before young people make further employment decisions. They offer a 1-1 coach through one of their locality hubs, these coaches help you build personal programmes through activities and groupwork experiences. They provide week on week support to build your skills and give young people space and support they need to work out the way forward.

Young people may also be eligible for an Educational Maintenance Allowance of £30 per week. For more information email <a href="mailto:activityagreements@edinburgh.gov.uk">activityagreements@edinburgh.gov.uk</a>.

#### **FOOTBALL DEVELOPMENT**

30-Second Challenge - Football Development have been setting football skill challenges to be completed within a 30-second time limit. These are posted @Edin\_Football every Monday, Wednesday & Friday at 10am and have been running since 27<sup>th</sup> March. Young people are encouraged to watch the video, practice the skill, and post their own efforts. Gold, silver and bronze medals are awarded for reaching certain targets, set by Football Development Officer, Jack Beesley.

To date the videos have been viewed nearly 30,000 times, with 174 retweets, 390 likes, and 100 videos posted of young people showing off their skills! We've even had 2 Scotland Women's internationals post their efforts too! The challenges vary in difficulty and can be done with any type

of ball so are accessible for all! They have been so popular that Jack has received requests to send the challenges via Whatsapp for clubs and parents who don't have access to Twitter.

Follow on Twitter @Edin Football

Jack Beesley - Football Development Officer Jack.Beesley@ea.edin.sch.uk

#### THRIVE EDINBURGH

This week we are focusing on how people can have their voices heard. It might be through contributing to research, sharing experiences, being supported by peers, or being creative using different mediums.



Please find our latest news bulletin here: <a href="www.edinburghhsc.scot/coronavirus-information/thrive-newsletter/">www.edinburghhsc.scot/coronavirus-information/thrive-newsletter/</a>

#### **NORTH EDINBURGH ARTS**



# **Creating kindness**

It's been <u>#MentalHealthAwarenessWeek</u> this week. This year's theme is **KINDNESS**, which in current times is more important than ever!

North Edinburgh Arts aims to be at the centre of a caring community, by being a creative place where we can all make connections, share ideas, build trust, learn together and support each other. These aims are rooted in kindness; using the arts to promote a sense of support, worth, place and purpose. We continue to be heartened and inspired by the acts of kindness happening across our community every day during lockdown. We believe that small acts of kindness are wonderful building blocks to a more caring community, and every little act makes a difference.

What does kindness look like to you? Share your ideas on how you think we could build a kinder society that would support our mental health.

We strongly believe in the power of creativity in times of need and in the role arts can play in improving health and wellbeing, so scroll down for some ideas and inspiration to stay creative or visit our website to get involved in <a href="our programme of creative">our programme of creative</a>
<a href="activities to do at home">activities to do at home</a>.

Create at Home (0 - 5 years)

Join us for our next live family <u>Sing-along with Create (0 - 5 years)</u> led by Asia. Head over to the <u>Create Facebook page</u> on **Saturday 23rd May, 10.30am** where we'll be singing songs for younger children - the whole family is invited to join in too!



This week we'd also like you to share with you the latest Create activity - Washing Up. Daily chore's made fun with a playful perspective!

Get creative, have fun and share your creations with us on social media or by email. We'd love to see what you've come up with! #CreateAtHome #WeAreNEA

# Join ROOM FOR ART Facebook Page



Room for Art is a project run by Art in Healthcare across Edinburgh. Weekly visual arts workshops for adults aim to improve health and wellbeing. As all the sessions are currently suspended, you can now join the project online on Facebook. Keep an eye on this page for weekly artist inspirations, challenges, activities and LIVE workshops!

blog post.

For more information about Room for Art, read this

# Be kind to your mind and body

Stephanie Knight, our resident Saturday yoga teacher, is running online yoga and meditation sessions. There are three different sessions available weekly. In addition to our regular general-level yoga classes on Saturday mornings at 10.30am, there are two additional sessions: Chair Yoga on Wednesdays at 4.30pm and Meditation on Thursdays at 7pm. If you would like to take part in these online sessions or learn more, please visit our website for more details.



#### **Our Covid-19 Services**

We're continuing to offer support with essential supplies and food deliveries to local residents in partnership with Link Up Muirhouse and as part of the North Edinburgh Covid-19 Foodshare Group.

If you live in North Edinburgh and need support or advice, please read North Edinburgh Covid-19 Foodshare information or call our local support helpline on 0131 356 0220.



We hope you're well, and that you're finding our email updates helpful. Thank you to everyone who has reached out and shared their Covid-19 experiences with us.

We want to continue connecting and staying in touch, but we're changing how often we send out our e-newsletters. We'll be sending them less frequently, every fortnight or so, from now on.

If you have any suggestions or further questions about anything discussed in this email, please get in touch with us by phone or email.

You can phone us between **Monday to Friday, 11am - 2pm** on **0131 315 2151** or email **admin@northedinburgharts.co.uk** 

Visit our <u>website</u> for more creative ideas during the Covid-19 pandemic and follow us on our social media for most up-to-date news. **#WeAreNEA** 

# The Edinburgh Academical Football Club



Proud sponsors for 2019/20



**Rugby Update** 

Yesterday's confirmation from First Minister Nicola Sturgeon that Scotland would be easing some lockdown restrictions was a welcome sign of progress. This is only the first phase of the Scottish Government's four-phase "route map" towards reopening society



while suppressing the virus so we must remain vigilant and timescales for a return to rugby remain unknown.

We are planning for the season ahead as normal, including contingencies for delayed starts, further waves of COVID-19 and protocols to facilitate safe training and playing. We are working closely with Scottish Rugby to this end.

# **RPF Development and EAFC Clubhouse**

Prior to COVID-19, Raeburn Place Foundation (RPF) was nearing the completion of Phase 1 of the development. The challenges faced since then are obvious but RPF have been planning for contractors to return to site as Government advice allows. With lockdown restrictions easing, they expect contractors to be back on site to finish building work and snagging items for tenants in June.

From the Club's perspective, our preparations for the clubhouse fit-out remain in progress as we aim to finalize a costed recommendation to share with members. We will continue to update members with progress.

# **NEWS**

# Thank You Louise Hodgson!

After many years of voluntary service to the Club, Louise Hodgson has decided to step down from her position managing EAFC communications. Louise leaves with our sincere thanks for her time and effort and we look forward to seeing her at Raeburn Place soon.

Louise is a fine example of the volunteers that are so vital to running clubs like ours, all of whom have a massive impact on EAFC. Among her many achievements for EAFC, Louise was instrumental in developing our social media presence, rolling out our new website and also sat on the Business Group and served, until recently, as a Board member.

We are now seeking volunteers to get involved in club communications and social media and would welcome anyone looking to contribute towards or drive this for EAFC. If you are interested, or know of someone who would be, please e-mail <a href="Matthew Coupar">Matthew Coupar</a>.

# **Donate for Cora**

We are sad to hear of Cora McConnell's ongoing battle with cancer. Cora's husband Euan played for Accies in 2004/5 and this page has been setup to raise funds for her treatment. Please consider donating and sharing to support Euan, Cora and daughter Niamh in their fight.



**Click Here to Donate** 

#### **COVID-19 RESOURCES**

# Remember, We Are Here To Help

Please use the below link to view latest information or contact us for assistance.

**Scottish Government's COVID-19 Info** 

NHS Inform Scotland - COVID-19 Health Advice

EAFC, Raeburn Place, Edinburgh, <a href="https://www.edinburghaccies.com">www.edinburghaccies.com</a> United Kingdom

#### **OPPORTUNITIES**

#### **Epic Awards**

Did your creative group do something you're really proud of in 2019? Then nominate it for an Epic Award!

Run by Voluntary Arts, the Epic Awards shine a spotlight on amateur creative groups across the UK. We all know there are thousands of wonderful groups out there bringing creativity to their local community, and a smile to people's faces, week in week out - purely for the love of it. So we want to help you celebrate your achievements.

We welcome nominations from groups of all shapes and sizes, who get creative in any way, from amateur drama to choirs, sewing groups to festivals, digital art to music groups - however you choose to express yourself, Voluntary Arts wants to hear from you.

Previous winners have found the morale boost from being shortlisted or winning has lasted for years, raising their profile with media, funders and more. Hear more from previous Epic Award winners here: <a href="https://www.youtube.com/watch?v=NqGJzyxTnBA&feature=youtu.be">https://www.youtube.com/watch?v=NqGJzyxTnBA&feature=youtu.be</a>
Visit <a href="https://www.voluntaryarts.org/epicawards">www.voluntaryarts.org/epicawards</a> to fill out the short nomination form <a href="https://www.voluntaryarts.org/epicawards">by 31 May 2020</a>.

#### **FUNDING**

#### **Postcode Community Trust – Community Grants**

Short-term, designated funding is available for new projects, or significant expansions of existing projects, in Great Britain that focus on the 2020 themes to improve community health and wellbeing, increase participation in arts and physical recreation, or reduce isolation.

Maximum value:	£20,000
Application deadline:	None specified

# Further information and how to apply

Applicants are urged to read the guidance notes published on the <u>Trust's website</u> before starting the online application form.

# The Galton and Simpson Bursary for Comedy Writing

A bursary aimed at helping a new comedy writer or writing partnership to develop a script for broadcast consideration.

Maximum value:	£5,500
Application deadline:	05/06/2020

# Further information and how to apply

Applicants must submit the following by email to <a href="mailto:Galton&Simpson.Bursary@bbc.co.uk">Galton&Simpson.Bursary@bbc.co.uk</a>:

- A sample comedy/sitcom script of 30 pages/30 minutes maximum duration.
- A series development plan.
- A short biography/statement.

#### **MU Coronavirus Hardship Fund**

Responding to the widespread cancellation of work that has hit the music profession as a result of the coronavirus (COVID-19) pandemic, this fund will support members with genuine and pressing hardship.

Maximum value:	£200
Application deadline:	None specified

#### Further information and how to apply

Applications are open now, via an online form from the <u>Musicians Union website</u>. Those seeking assistance filling out the application form should email <u>equalities@themu.org</u>

# **AIM Crisis Fund for Independent Music Contractors**

Funding for contractors and freelance workers in the UK's independent music industry whose source of income has been cut due to lost work in April and May as a result of the COVID-19 pandemic.

Maximum value:	£1,000	
Application deadline:	None specified	

#### Further information and how to apply

There is no set deadline. Grants will be distributed on a first-come-first-served basis. Further information on this fund and how to apply can be found via the <u>AIM website</u>. Questions about the fund and the application process should be directed to aimfund@aim.org.uk

#### **Michael Tippett Musical Foundation**

Grants are available for the development of group music making in the UK, especially involving young people, with composing central to the project.

Maximum value:	£4,000
Application deadline:	30/09/2020

#### Further information and how to apply

The Trustees normally hold one meeting a year, in the autumn, with the deadline for applications at the end of September each year. www.tippettfoundation.org.uk/

#### **PRS Foundation - Open Fund for Organisations**

Grants are available for any not-for-profit organisation based in the UK to support new music projects led by promoters, large performance groups, talent development organisations, venues, festivals and curators in the UK.

Maximum value:	£10,000
Application deadline:	08/06/2020

#### Further information and how to apply

Applications must be made via the online application form on the Foundation's website.

#### **Ragdoll Foundation**

Funding is available to support not-for-profit organisations, especially arts organisations, in the UK that are working with children and young people using the arts and creative media.

Maximum value:	£50,000
Application deadline:	03/07/2020

#### Further information and how to apply

The Ragdoll Foundation operates a two-stage application process, with a rolling deadline for the Main Grants Programme. Guidance notes and an application form are available on <a href="The Ragdoll Foundation">The Ragdoll Foundation</a>'s website. Applications are only accepted by email.

#### The February Foundation

Grants are available to UK registered charities for a range of charitable projects, particularly the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage; and for the advancement of education, the arts, culture, and heritage.

Maximum value:	Discretionary
Application deadline:	None specified

# Further information and how to apply

There are no application deadlines as trustees normally make grant decisions on a monthly basis. There is no formal application form. https://www.thefebruaryfoundation.org/

#### **Woodward Charitable Trust - Small Grants**

Grants are available to fund core costs of small- to medium-sized charities in the UK working in the following areas: arts outreach, isolated children and young people, disability, disadvantaged women and families, prisoners and ex-offenders, and community cohesion among minority groups.

Maximum value:	£3,000
Application deadline:	30/07/2020

# Further information and how to apply

An online application form is available to complete on the <u>Trust's website</u>.

#### **FUNDING**

Did you know that CEC Libraires have an onine funding search website? Just register for free and you can search for funding for specific projects: <a href="https://www.idoxopen4community.co.uk/edinburgh">https://www.idoxopen4community.co.uk/edinburgh</a>

Please email me at <a href="mailto:elannon@edinburgh.gov.uk">elaine.lennon@edinburgh.gov.uk</a> if you have any community news to share. Preferred format is a jpeg or word document if possible. We will only use any data to provide you with updates associated with the North West Locality and your data will not be shared. This is in line with the City of Edinburgh Council's Privacy Notice. You can opt out at any time by using this link to unsubscribe. If you unsubscribe, we will not retain any contact details you have provided.